

RMYS Man Overboard Declaration

Sail number:	
Boat name:	
Name of regular skipper	

Type of Man overboard training completed (Please tick at least one)	Date completed
Theory session	
On water with dummy	
On water retrieving a person or other object	

Name of crew members who also participated in above session

Name	Signed

I _____ being the regular skipper of _____
declare I participated in the above MOB training session on the date specified.