



Yachting Australia
Training Centre

Royal Melbourne Sail Training Academy

Start Crewing - Keelboat (KBC)

The Start Crewing - Keelboat sailing course is an ideal starter learn - to - sail course for people wanting to crew yachts or to convert from sailing dinghies into larger yachts. This course is also very popular as a preparatory course for people undertaking a yacht charter holiday. This 12-hour course (normally conducted over 2 days) is part of the nationally recognised Yachting Australia National Keelboat Training Scheme and is delivered by accredited sailing instructors. No prior sailing experience is necessary.

Course topics include:

- Safety: understanding onboard safety practices & equipment.
- How to prepare a yacht for day sailing.
- How to set up sails and trim sails on all points of sailing.
- How to safely tack (turning into the wind) and gybe (turning with the wind behind you)
- How to steer a yacht under supervision.
- Crewing jobs and responsibilities.
- Man overboard- how to recover a person who falls overboard.
- Safe use of sailing winches and other yacht systems
- Knots & rope handling, including mooring lines.

Training is conducted onboard modern yachts sailing from the Royal Melbourne Yacht Squadron at St. Kilda. Sailing is undertaken on Port Phillip Bay in the vicinity of St. Kilda with great views of Melbourne's skyline. Max. class size 5 students.

Course times: Conducted as either: 2 x 6-hour sessions on consecutive Saturdays or Sundays (10am-4pm) OR 3 x 4-hour sessions consecutive Saturday or Sunday morning or afternoon sessions. (8.30am-12.30 or 1pm -5pm) OR 1 full weekend Sat & Sun (10am-4pm)

(Please arrive 15 min prior to course start to complete sign in)

Students need to bring: According to the conditions wet weather gear, long sleeve sun protection or thermal top, footwear (non-marking deck shoes eg Dunlop Volleys) sunhat or beanie, water bottle etc. All safety equipment is provided. See also:

[What to Bring](#)

Course fee: \$340 includes Yachting Australia "Introduction to Keelboat" textbook valued at \$29.95, your own logbook and Yachting Australia course certificate Course location: Royal Melbourne Yacht Squadron, 1 Pier Road, St. Kilda.

[Google Maps](#)

Royal Melbourne Yacht Squadron

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