

Start Crewing - Keelboat (KBI)

The **Start Crewing - Keelboat** sailing course is an ideal starter learn - to - sail course for people wanting to crew yachts or to convert from sailing dinghies into larger yachts. This course is also very popular as a preparatory course for people undertaking a yacht charter holiday. This 12 hour course (normally conducted over 3 days) is part of the nationally recognised **Yachting Australia National Keelboat Training Scheme** and is delivered by accredited sailing instructors. No prior sailing experience is necessary. Course topics include:

- Safety: understanding onboard safety practices & equipment
- How to prepare a yacht for day sailing
- How to set up sails and trim sails on all points of sailing
- How to safely tack (turning into the wind) and gybe (turning with the wind behind you)
- How to steer a yacht under supervision
- Crewing jobs and responsibilities
- Man overboard- how to recover a person who falls overboard
- Safe use of sailing winches and other yacht systems
- Knots & rope handling , including mooring lines

Training is conducted onboard modern 7 or 8 metre yachts sailing from the Royal Melbourne Yacht Squadron at St. Kilda. Sailing is undertaken on Port Phillip bay in the vicinity of St. Kilda with great views of Melbourne's skyline. Max. class size 4 students.

Course times: Normally conducted as 3 x four hour sessions on Saturdays or Sundays morning or afternoon sessions. Other times (including mid week) by arrangement. If you have a group of 4 people we can arrange your own private training session.

Students need to bring: According to the conditions wet weather gear, long sleeve sun protection or thermal top, footwear (non-marking deck shoes eg Dunlop Volleys) sunhat or beanie, water bottle etc. All safety equipment is provided.

Course fee: \$420 includes Yachting Australia "Introduction to Keelboat" text book valued at \$29.95, your own logbook and Yachting Australia course certificate

Course location: Royal Melbourne Yacht Squadron, Pier Road, St. Kilda. Melways Reference Map 57 J9

Royal Melbourne Sail Training Academy

a Yachting Australia Training Centre

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