



# Tackers sailing classes @ RMYS - What to bring



- Bathers & Towel
- Snack: drink and play lunch. We offer all students a cordial & biscuit in our off water training room.
- Footwear: Must be worn at all times to protect feet in and out of the water. **No footwear - no class**

				
Wetsuit (if you have one <u>or</u> hire one of ours)	Board shorts over bathers	Rash top for sun protection	Rain jacket	Polypro underwear top (when it's cold)
				
Aqua slippers - are good	Old sandals - are good	Booties are good	No Crocs – they float!	No thongs allowed
				
Sunglasses (inexpensive ones)	SPF30 Sunscreen 4 hour water resistance	Water bottle	Hat: beanie (when it's cold)	Hat: brimmed sunhat with lanyard

**Safety:** PFD's (lifejackets) are supplied by the Academy and will be worn by all students and instructors whilst on the beach and water.

**Wetsuit hire:** The Academy hires kids wetsuits (shorty: \$30 per course) & adults ( long leg: \$ 40 per course) wetsuits for use in the course. Please indicate if you require a wetsuit on your booking form.

**Questions:** If you are in doubt as to what to bring please contact:

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