



**YACHTING
AUSTRALIA**

Yachting Australia
Training Centre



Royal Melbourne Sail Training Academy

Adult Learn to Sail Dinghy - Start Sailing 2

The **Start Sailing 2** dinghy course (*formerly Basic Skills 2*) is the ideal consolidation learn - to - sail course, which is both fun and instructional. This five week course (3 hour sessions) is suitable for **previous learn to sail students** of all ages with training conducted in off-the-beach dinghies, such as Pacer and Heron types. In particular this course allows for the refinement of sailing skills learned in the **Start Sailing 1** course, but now put into practice. As students alternate the role skipper & crew, the course provides a solid grounding to further adult sailing in both keelboats and/or dinghies. The **Start Sailing 2** course is part of the nationally recognised **Yachting Australia Dinghy Program** and is delivered by accredited sailing instructors.

Course topics include:

- How to sail a dinghy on a marked course
- Improved upwind and downwind sailing performance
- How to better trim the sails for speed and varied wind conditions: including the use of the vang, outhaul, cunningham and mainsheet
- Refinement of your tacking and gybing skills
- Crew recovery drill
- More marine knots
- Basic rules of sailing - both theory and practice

Training takes place in St. Kilda harbor & surrounding waters of Port Phillip, which provides sailing experience with sea winds, waves & beach launching. Sailing is conducted in 2 person dinghies such as Pacer and Herons with instructor supervision from powered safety craft. Max class size is 18 students.

Course dates & times : 3 hour sessions morning or afternoon on weekends. Mid week courses & private tuition are available by arrangement.

Students need to bring: wet weather gear, wet suit (recommended - *can be hired*), footwear (old sandshoes, or wet suit booties – *no thongs*) sun hat with lanyard, towel, change of clothes, sunscreen, snacks, water bottle etc. The Squadron has full change room facilities with hot showers. All safety equipment is provided.

Course fee: \$330. Optional wetsuit hire is \$40 per course

Course includes: Logbook and Yachting Australia certificate

Course location: Royal Melbourne Yacht Squadron, Pier Road, St.Kilda
Melways Map57 J9

Royal Melbourne Sail Training Academy

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