



# Keelboat sailing classes @ RMYS - What to bring



Marine wet weather gear	<u>OR</u> Dinghy smock	<u>OR</u> Rain jacket - as used for hiking	Stretch hiking pants, leggings <u>OR</u> shorts	Polar fleece jacket (when it's cold)
Polypro or merino thermal top (when it's cold)	Long sleeve polo top with collar - for sun protection	Boat shoes with micro cut non slip deck sole	Dunlop Volley sandshoes - cheap & grip well	Deck shoes with micro cut non slip sole
Sunglasses	SPF30 Sunscreen - 4 hour water resistance	Water bottle & snack	Hat: Beanie (when it's cold)	Hat: brimmed sunhat with lanyard

**Please dress according to the forecast weather conditions.** In general try to wear stretchy or comfortable clothing as if going on a day hike. No jeans. **Wet weather gear:** Please bring your own however the Academy can loan marine wet weather gear if required by the conditions. **Footwear:** Must be worn at all times to protect your feet. **Carry on:** A small sailing bag can be used to carry your gear & valuables aboard the yacht. **Safety:** PFD's (lifejackets) are supplied by the Academy and will be worn by all students and instructors whilst on the water.

**Meet for class:** At the rear of the Royal Melbourne Yacht Squadron, at the Pier Road gate opposite the beach ramp  
**How to get here:** The Royal Melbourne Yacht Squadron is located in Pier Road, St.Kilda directly opposite Fitzroy Street in the Catani Gardens, 150 m. north of the St.Kilda Pier. **Car:** Access to the Squadron is via Pier Road either from Beaconsfield Parade at Cowderoy St in the north or Jacka Boulevard from the south, the extension of Marine Parade. Council operated street parking is available in Pier Road or Jacka Boulevard west side.\$5.50 per hour or \$12 per day (Coins needed).Car parking with credit card facilities at the St. Kilda Sea Baths complex 100 m south of RMYS.  
**Trams from the city** - take Route 16 or 96 to St. Kilda (Stop 135) at the western end of Fitzroy St., where it meets Jacka Boulevard. The Squadron is located 200 metres west across Jacka Boulevard, towards the beach in the Catani Gardens. **Bikes:** Lots of bike paths locally and bike parking is available at RMYS (bring your lock)

**Questions:** If you are in doubt as to where to meet or what to bring please contact:

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